

Women's Day Racquetball Clinic 2007



The Orlando Fitness and Racquet Club in Orlando Florida played host to the 2007 Women's Day Clinic held on June 9th. The Florida Racquetball Association along with the Club helped finance the event in an effort to promote women's racquetball.

This year's event proved once again to be highly successful.....and fun!

Thirty women from around the state met for a day of instruction, camaraderie, oncourt

play, a few laughs and the opportunity to meet new players and make new friends. The ladies were given instruction by seven AmPro certified instructors: Susan Pfahler, Karen Bouchard, Sue Hann, Vivian Gomez, Jean Trimble, Kassi Herr, and Laura Brandt. After the morning instruction, these ladies were on hand to both play and/or give individual pointers to the attendees.

The day began at 8:30 AM with registration and introductions. Afterwards, all participants could take their choice of which court/instructor they wanted to go to for half hour lessons on forehand, backhand, serve and serve return or pointers on actual play during the game. At the end of each half-hour session, they could then rotate to a different court for that lesson. There was an hour break for lunch, during which Laura Brandt held a question/answer session and everyone had the chance to win prizes provided by our sponsors. Thank you Ektelon, Wilson, and

2

Florida Racquetball Association!!!! After lunch all of the participants mixed it up and played each other in 11 point games until we finally called it quits around 5:00PM.

Magella Kirby was awarded a free entry to the next FRA sponsored tournament of her choice for encouraging or bringing approximately 15 ladies to attend the Women's Day Clinic. You go, girl!

A very huge and sincere THANK YOU to Mike Mojer (we love you, Mike!) and The Orlando Fitness and Racquet Club who hosted the event and made it possible to run the clinic. We truly cannot express our appreciation enough for them letting us "take over" their club for a whole day!!!

The FRA plans to sponsor the event again next year. Dates and locations will be posted on the FRA website.

2007 Women's Day Instructors



Instructors from left to right: Laura Brandt, Susan Pfahler, Jean Trimble, Karen Bouchard, Sue Hann, Vivian Gomez and Kassi Herr not shown.